



**Millet Tour du Rutor Extrême** is one of the most spectacular and modern ski mountaineering team races which take place every two years. Its 20th edition will be run next spring from 26 to 29 March 2020. Looking back, this event was officially born on the Rutor glacier, on La Thuile face, and then it found its final home in the heart of Valgrisenche in 1995, thanks to Corrado Gex Ski Club and some young adults fond of ski mountaineering who started to organize the modern Tour du Rutor.

During the last edition in 2018, 704 athletes participated in the race coming from 18 different nations. 300 were male teams, 22 female and 30 junior. “In 2020 we will celebrate the 20th edition - stated Marco Camandona, race director and alpine guide – “ and it will be divided in 4 legs with a total of 9,500 m of positive difference in height, 105 km of off-piste, 60 km of uphill, 45 of downhill and 6km of ridge. All of that in total safety. During each leg, athletes will reach at least 3,000 m of altitude”.

**Millet Tour du Rutor Extrême** is part of **La Grande Course**, which regroups the most amazing and prestigious races in the Alps and Pyrenees, such as *Pierra Menta*, *Trofeo Mezzalama*, *Patrouille des Glaciers*, *Adamello Ski raid* and *Altitoy Ternua* (which takes place in the Pyrenees).

Given its technicality throughout its tracks, **Tour du Rutor** is not a race for everybody. In the years, it has become a milestone of ski mountaineers who love its trails, its emotional impact and the obsessive attention to detail of the organization. It is also great to be followed by supporters who are given a great show during each leg, a-level athletes to watch and prizes that can be collected in the reserved areas all along the track.

Athletes are divided in 4 categories: **Senior** (under 21), **Master** (over 22), **Junior** (18/20years old) e **Cadetti** (15/17 years old). Mixed teams (with regards to categories and genders) are admitted.

A race of worldwide importance which addresses to the young categories. Specific tracks for cadets (15-16-17 years old) and for juniors (18-19-20 years old). The future of ski mountaineering who will have the possibility to compete on tracks specifically selected for them, with alpine technical passages, ditches and ridges.

Several other activities arise around Tour du Rutor: a photo contest “*PhotoAlpArvier*” and the **Mountain Village**, a real trade fair in Arvier, which takes place the same days of the ski mountaineering race organised by Corrado Gex Ski Club.

Sport and ecologically sustainable tourism are the characteristics of this event which is promoted and supported with inexhaustible energy by the men and women of Corrado Gex Ski Club, the alpine guides and the volunteers who have been working for the past three generations to make every edition unique, to endorse the alpine environment in the world and to boost an ethic of the mountain and a team-work philosophy.

For further information: [www.tourdurutor.com](http://www.tourdurutor.com)

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